



DIGITAL FEEDBACK

Update 2024



Impact of
smartphones
and social
media



Impact of
empowered
learning

**What are we doing and what could we be doing
as parents at home and as educators in
schools?**

How do we know what is working or needing more support?

- Surveys – staff / students
- Observations
- Training and sharing good practice
- Student digital leaders
- Apple coaches
- Parental involvement in Digital Strategy via School Improvement Team
- Digital School Award

S1 to S3 responses to date:

6. Please rate the following statements about learning resources and level of challenge based on how much you agree or disagree with them.

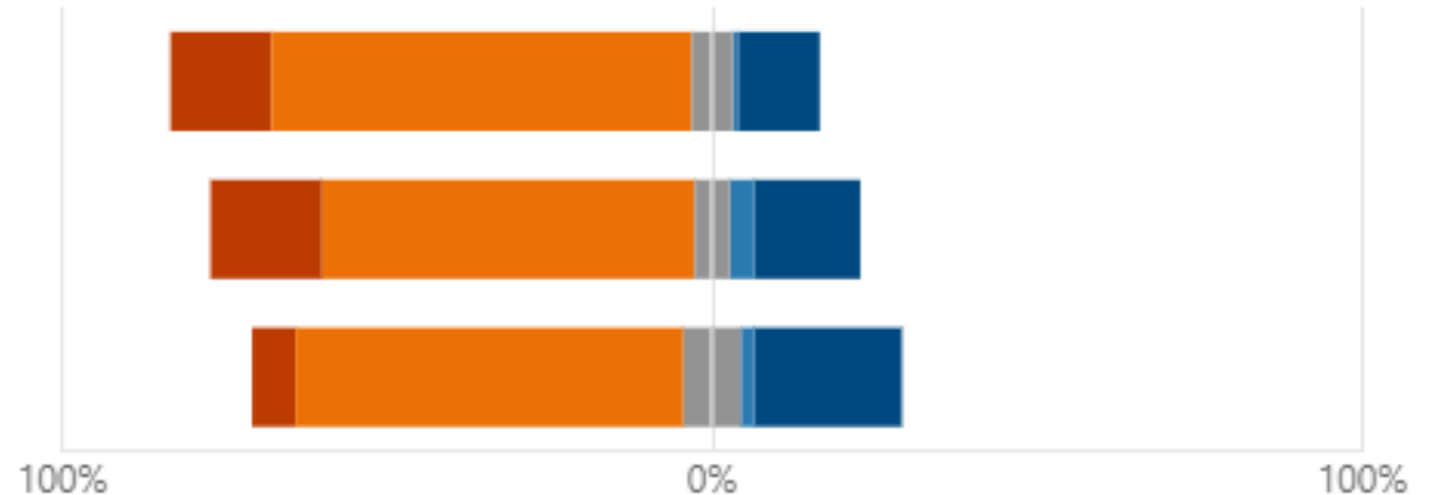
[More Details](#)

Strongly agree Agree Disagree Strongly disagree Neutral

I can choose from a variety of resources to help me with work e.g. books, ipads, class displays etc.

My iPad helps me to work at the right level (to support me or challenge me as needed)

I am given work at the right level of difficulty to help me learn best.



Advantages of Empowered Learning and deployment of iPads

- Consistency of device type:

- Equity
- Security and safety
- Teacher Control
- Resource sharing / SGP / Apps
- Accessibility
- Creativity and flexibility

- Examples of resources:

- Achieve
- Scholar
- Glow/Esgoil
- Apps
- Apple classroom
- Translation apps
- Clickview

Smartphones

- School policy
- Advice to parents and partnership working
- Role of PSE and school liaison officers
- Assemblies

Next steps

- Website – collating useful advice
- P7 transition info
- Future....

The Anxious Generation by Jonathan Haidt

- <https://www.anxiousgeneration.com/book>
- <https://www.independent.co.uk/life-style/smartphones-children-mental-health-st-albans-b2549260.html>

School Website

- [Information – Ard-Scoil Sheumais Ghilleasbuig \(jamesgillespies.co.uk\)](http://jamesgillespies.co.uk)
- Information about Empowered Learning and Social media and you school community.
- Next steps:
 - To add some guides for parents over various apps e.g. tiktok, whatsapp, Instagram and others as they become available.
 - Help to keep children's accounts private and be aware of how they use their accounts and what they share.



Digital Education

Supporting the appropriate and effective use of digital technology within education to give all learners the opportunity to develop digital skills that will be vital for life, learning and work.

Internet Safety



Clicked

social media and your school community

We're a community – inside the school or in cyberspace/virtual reality – and we need to think about everyone in it.
So, offline and online:

1. Think first
2. Think smart
3. Think about safety
4. Think about community
5. Think about your school
6. Think about legal consequences



Think first

- Think before you click: anything you post onto social media will be there long after you've gone; even if it's in an archive
- Once you have posted content you lose control – your comments may be circulated to others without your permission
- Think about what and when you share: is what you post to or about the school safe, useful, relevant, the best way to do it?
If in doubt, don't
- Think about who your message is going to and who else might see it



Think smart

- Be smart with social media: ask yourself: are you likely to get a better/faster result if you phone or email the school office or a teacher?
- Contact the school office direct (phone or email) if you need information, especially if you need it in a hurry, for example when the school trip is due back; what time parents' evening starts, when the summer holidays fall
- Make an appointment with your child's teacher and speak to them face-to-face, for example if you are worried about something or want to make a complaint



Think about safety

- Do your bit in keeping your own and other children safe online: sharing too much personal information (often people do it without realising) can leave them open to bullying, harassment, grooming
- Something you post in good faith could be used by someone else for personal gain, such as identity theft
- So, it means not sharing your photos or other people's photos or names or locations or other personal information which could be pieced together (a bit like a jigsaw). That could be really risky, say, if these was an issue about child protection domestic abuse, forced marriage and so on



Think about community

- Respect: anything you post should be tactful. Once it's online it doesn't go away
- It's best to treat folk online as you would in person (most of us are kind and thoughtful most of the time)
- Check it out first. If you are not sure about something or unhappy about it, speak to someone; ask the school. It's tempting to assume the worst. We all make mistakes, and often it's just blunder rather than a conspiracy
- Ask yourself: how is what you post going to come across? Will it do anyone any good? Will it upset or embarrass your child? What kind of example are you setting? (If you are feeling angry or upset about something, give yourself some time to calm down)
- Over-reacting can upset a lot of people, including children. Something can go viral very quickly
- Keep your messages meaningful, positive and short: stick to the point, the



Think about your school

- Sometimes it can take a while to sort out a problem because of the way schools work. Class/subject teachers are accountable to their headteacher, and headteachers are accountable to their local authority education department. Also, decisions affect everyone in a school and it may take time to explore this. So, the wheels can turn slowly but that doesn't mean that nothing is happening
- Try to remember that you are not the only parent/carer; your child is not the only pupil. The school is for everyone; and everyone's different
- Schools don't always get social media right: it's helpful to let them know (respectfully and constructively) how they could do it better




Think about legal consequences

- You could face police investigation and legal action if something you post is criminal, abusive, hateful and/or defamatory



Parental guides e.g. tiktok

- [Online Safety Training For Schools | National Online Safety \(nationalcollege.com\)](#)



TikTok is a video-sharing social media app available on iOS and Android which lets users create, share, and view user created videos much in a similar manner to Facebook, Instagram and Snapchat. It's main draw, however, is that users can record and upload bite-sized looping videos of themselves lip-syncing and dancing to popular music or soundbites, often for comedic effect, which can then be further enhanced with filters, emojis and stickers. TikTok has been designed with the young user in mind and has a very addictive appeal. At the beginning of 2019 it skyrocketed in popularity to become the iOS store's most downloaded app with over 33 million downloads. Estimates suggest that it now has anything between 500 million and over 1 billion monthly active users worldwide.

AGE RESTRICTION

12+

For the 10, supervision of a parent or guardian is required

What parents need to know about

TIKTOK

MATURE CONTENT

On the iOS store, TikTok is listed as 12+. On the Google Play Store it's rated as 'Parental guidance recommended'. When signing up for the app, it's possible to lie about your age without any form of verification. As children scroll through their feed, most of the videos they're likely to come across are lighthearted or funny takes on dance routines which are designed to make people laugh. However, there has been a slew of videos which have been reported for featuring drug and alcohol abuse, self-harm and sexual content, including young teens dressing overly sexually and behaving suggestively. Given the deluge of material uploaded to TikTok every day, it's impossible to moderate everything and it can be quite common to come across explicit content on the 'for you' feed when logging into the platform.

INAPPROPRIATE MUSIC

TikTok revolves around creating music videos through lip-syncing and dancing. Inevitably, some of the music featured by users will contain explicit or suggestive lyrics. Given the under-18 young user base, there is a risk that children may look to imitate the explicit language they hear or the suggestive actions they see when following others' user's videos on the app.

TIKTOK FAME

TikTok is very image focused and there is a notable preoccupation with appearing cool and attractive. Many teenagers now attempt to go viral and become what's known as 'TikTok famous'. TikTok (and its predecessor Musical.ly) has spawned its own celebrities – social media stars Loren Gray and Jacob Sartorius have been catapulted to fame through their initial exposure on the app. Obviously, most budding influencers looking to become the next big thing will be disappointed, but this may have the knock-on effect of making them go to more and more drastic lengths to get noticed.

ONLINE PREDATORS

As a social network, TikTok makes it easy to connect with other users. This includes the ability to comment on and react to other user's videos, follow their profile and download their content. We aware that by default, any user can comment on your child's video if their account is set to public. Most interactions are harmless enough but as an app, TikTok is prone to predators because of the abundance of younger users.

ADDICTIVE NATURE

Social media is designed to be addictive and TikTok is no different. It can be fun and hugely entertaining. However, it's also because of this that it can be hard to put down. In addition to the short, punchy nature of the looping video format, the app's ability to keep you guessing what will come on screen next makes it as easy to turn a five-minute visit into a 45-minute visit.

IN-APP PURCHASES

Aside from the content, there's also the option to purchase in-app extras called 'TikTok coins'. Prices range from £0.09 for 100 coins to an eye-watering £99.99 for 10,000 coins. TikTok coins are used to purchase different emojis to reward content creators that a user finds funny or entertaining. In the iOS version of the app you can disable the option to buy TikTok coins but this sadly doesn't seem to be a feature in the Android version.

National Online Safety

#WakeUpWednesday

Safety Tips For Parents

TALK ABOUT ONLINE DANGERS

Assuming your child is above the age limit to use the app, make sure you also take the time to talk to them about what they are seeing on the app. Have a dialogue, get them to give you their opinion on what's appropriate and model the correct behaviour for them. Go over why they shouldn't give out private information or identifiable photos and be positive and understanding of them. In the long run, getting them to think critically about what they're seeing goes a long way to keeping them safe online.

USE PRIVACY SETTINGS

Undoubtedly, the easiest way to safeguard your child on TikTok is to make sure their account is set to private. This means only those users your child approves can view, like, and follow their content. Setting the account to private may clash with your child's goal of social media stardom, but it will keep their account secure from strangers. This setting can be enabled under the privacy and safety menu by pressing the ellipsis in the 'me' tab of the app. To be extra safe, there are additional controls available to toggle such as who can send comments and messages, among other options.

ENABLE RESTRICTED MODE

In the digital wellbeing section there's the ability to turn on restricted mode using a PIN. Restricted mode filters out content that is not age appropriate although it should be noted that this isn't always 100% fool proof. When enabling restricted mode, parents should still be vigilant to what their child is watching and take note that the algorithm moderating content is not infallible.

EXPLORE AND LEARN YOURSELF

Understanding and learning the app yourself is a great way to get to grips with TikTok. You could then use the app with your child and watch some videos with them. If you are the parent of a teen, even if it does not make you popular, keep a close eye on what they're viewing and sharing. That said, it's a brilliant chance to turn it into a bonding opportunity with your child also. You could even unleash your inner performer and make videos with them while (more importantly) keeping them safe online.

LEARN HOW TO REPORT AND BLOCK INAPPROPRIATE CONTENT

With the proper privacy settings in place, TikTok can be a safe space for your child to express themselves. However, just in case something does manage to slip through, make sure your child knows how to recognise and report content that isn't appropriate and get them to come to you about what they have seen. TikTok allows users to report offenders and comments within the app. You can also block individual users by going on their profile.

MODERATE SCREEN TIME

As entertaining as TikTok is, you can help your child moderate their time on the app by making use of the digital wellbeing section. Under the screen time management option, you can limit the daily allotted time allowed on the app in increments ranging from 40 to 120 minutes. You can also lock this preference behind a PIN number which has to be inputted in order to then exceed the daily time limit. This way your child can get their daily dose of memes without wasting away the day.

***NEW FOR 2020* FAMILY SAFETY MODE**

TikTok Family Safety Mode allows parents to link their own TikTok account to their child's. It's a great way to oversee your child's digital wellbeing by giving you direct control over their safety settings and being able to remotely turn features on and off. This includes managing screen time, the ability to send and receive direct messages (and with whom) and the ability to restrict the appearance of content that might not be age appropriate.

Meet our expert

Pete Badh is a writer with over 10+ years in research and analysis. Working within a specialist area for West Yorkshire Police, Pete has contributed work which has been pivotal in successfully winning high profile cases in court as well as writing as a subject matter expert for industry handbooks.

SOURCE: www.tiktok.com

www.nationalonlinesafety.com Twitter: @nationalonlinesafety Facebook: /NationalOnlineSafety Instagram: @NationalOnlineSafety

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ACHIEVE: Student Quick Start Guide

- ACHIEVE is a great resource which you can use to support your revision over the Easter holidays. The quickest way to access ACHIEVE is by following these 3 simple steps:
- 1. Visit <https://achieve.hashtag-learning.co.uk/>
- 2. **Sign up with your school email address and password**
- 3. When prompted, enter the James Gillespie's High School code: **yggMbxoT**
- From here you can select all your National 5 and Higher courses, and access the Learn, Assess and Self-evaluate modules for each.